



**CHRIST
ACADEMY**
JUNIOR COLLEGE



We are thrilled to announce that **Aishwarya M**
a student of 2nd PUC at CAJC, has achieved an outstanding
record. She has officially entered the

India Book of Records

for holding the "LONGEST DURATION TO HOLD BACK-BEND
VIPARITA SHALABHASANA YOGA POSE BY A TEEN" This is a
remarkable achievement and we are incredibly proud.

Congratulations!